



Innate Immune Response and Growth Performance of *Heterobranchus longifilis* Catfish Juveniles Following Dietary Aflatoxin B1 Exposure.

Adeyemo, B. T.^{1,*}; Enefe, G. N.²; Tanimomo, B.¹; Ezekwesili, A.¹;

1. Department of Veterinary Pathology, Faculty of Veterinary Medicine,
University of Abuja, PMB 117 Abuja, Nigeria.

2. Department of Veterinary Physiology and Biochemistry, Faculty of
Veterinary Medicine, University of Abuja, PMB 117 Abuja, Nigeria.

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ABSTRACT

*We evaluated the effects of dietary aflatoxin B1 (AFB₁) exposure on the immune response and the growth performance of *Heterobranchus longifilis* catfish; and determined the maximum tolerable limits for AFB₁ in *H. longifilis*. Five experimental isocaloric and isonitrogenous diets amended with varied concentrations of AFB₁ [Diet A (2.0 µg AFB₁.kg⁻¹); Diet B (7.3 µg AFB₁.kg⁻¹); Diet C (17.6 µg AFB₁.kg⁻¹); Diet D (48.0 µg AFB₁.kg⁻¹) and Diet E (93.0 µg AFB₁.kg⁻¹)] were fed to 450 juvenile *H. longifilis* in five groups of 15 separate plastic tanks for a period of 56 days. At time points day 7, 14, 28 and day 56, five fish were randomly sampled per tank and assessed for innate immunity and growth response. Fish fed diets amended with AFB₁ exhibited significant reduction ($P < 0.05$) in the serum lysozyme and epidermal mucus lysozyme activity, epidermal mucus alkaline phosphatase activity and in the phagocyte respiratory burst activity. These parameters decreased with increasing concentrations and duration of dietary AFB₁ ($P < 0.05$). Dietary AFB₁ caused significant reductions in the growth performance of juvenile *H. longifilis* marked by reductions in the percentage gain in length, reduction in percentage gain in weight and a reduction in the specific growth rate. Based on these results, juvenile *H. longifilis* catfish appears to tolerate diets containing up to 17.6 µg. Kg⁻¹ AFB₁ in diets.*

Key Words: *Aflatoxin B1; Innate Immunity; Lysozyme; Respiratory burst; Growth Performance; *Heterobranchus longifilis*.*

***Corresponding Author**

Email: bolade.adeyemo@uniabuja.edu.ng

INTRODUCTION

The global production of cultured aquatic organisms (fish, shrimps, clams and oysters) more than doubled in weight and value in the 1990s [1]. These products represents a significant source of animal protein [2] [3]. However, as aquaculture continue to expand and intensify both its reliance and its impact on the ocean fisheries are likely to increase; with a concomitant depletion in the landing of wild-caught fish, which is commonly used as a source of protein in aqua-feed formulations [3] [4]. To mitigate this problem and support the sustainability of the growths recorded in aquaculture, plant based protein sources has been introduced as supplementations or replacements of fishmeal in aqua-feeds [5] [6] [7].

Heterobranchus longifilis is a clariid catfish commonly farmed in earthen pond culture systems in the West African sub region. *H. longifilis* is cultivated based on a diet consisting of groundnut cake and or soybean cake as supplementation/replacement for fishmeal [8]. These plant-based by-products of various agro-industrial processes have been reported to contain varying concentrations of mycotoxins like aflatoxin B1 [9] [10] [11].

Aflatoxin B1 (AFB₁) is a secondary metabolite produced by fungi of the genus *Aspergillus* (*Aspergillus flavus* and *A. parasiticus*) on oil based plant products including groundnuts and soybean. AFB₁ have been reported to be carcinogenic, mutagenic and immunotoxic to several animal species [12] [13]. Furthermore, the toxicity of this mycotoxin is reported not only to be dependent on the concentration of the ingested mycotoxin, but also on the age and species of the exposed animal, as well as on the duration of dietary exposure [12] [13] [14].

The toxicity of AFB₁ has been reported in several fish species including Indian major carp (*Labeorohita*) [15] [16]; Nile Tilapia (*Oreochromis niloticus*) [17]; Channel catfish (*Ictalurus punctatus*) [18]; Rainbow trout (*Onchorynchus mykiss*) [19]; Seabass (*Dicentrarchus labrax*) [20] and in Shrimps (*Peanus monodons*) [21]. However, there is a paucity of report on the effects of dietary AFB₁ in clariid catfishes. In this study, we investigated the effects of dietary exposure to AFB₁ on the innate immune response and

growth performance of juvenile *Heterobranchus longifilis* catfish and attempt to determine the maximum tolerable limits of juvenile *H. longifilis* to dietary AFB₁ using the innate immune response and growth performance as biomarkers of tolerance.

Materials and Methods

Research grade AFB₁ used for the study were purchased from Sigma Aldrich (St Louis, M.O USA). Purity of this mycotoxin was ascertained to be greater than 98% before use. Other chemicals and reagents used for the study were purchased commercially at the highest degree of purity available.

Preparation of the basal diets

The basal diet was formulated according to [22], with slight adjustments, using the following ingredients (fish meal 19%, Soybean cake 37%, maize 32.25%, palm oil 1.0%, fish oil 6.0%, Starch binder 2.0%, vitamin/mineral premix 0.5%, Bone meal 1.0%, salt 0.25%) to meet the nutritional requirements of juvenile catfishes [8]. Formulated diets were then subjected to proximate analysis.

Preparation of the experimental AFB₁ diets.

The AFB₁ diets were produced by adding 1 mg crystalline AFB₁ (Sigma Chemicals St Louis USA) to 1 mL chloroform (to produce 1 mg: 1,000 µL aliquot of AFB₁). The quantity of the solution required to produce the chosen concentrations of the AFB₁ in the experimental diets were then pipetted using an automated adjustable pipette into 100 mL volumetric flasks. This volume was then made up to the 100 mL mark with methanol. The ingredients for the basal diets were weighed, completely mixed and added to the liquid mixture of AFB₁ producing the following diets: Diet A (control 0.0 µg AFB₁.kg⁻¹); Diet B (5.0 µg AFB₁.kg⁻¹); Diet C (15.0 µg AFB₁.kg⁻¹); Diet D (45.0 µg AFB₁.kg⁻¹) and Diet E (90.0 µg AFB₁.kg⁻¹). The mixtures were subsequently blended and placed in a hot air oven for the methanol to evaporate. These were then pelletized with an extruder pelletizer after the addition of weighted portions of starch binders. The AFB₁ content of the compounded diets were then ascertained using the multi-mycotoxin LC-MS/MS method [10] and thereafter, individually packed in air

tight poly ethylene bags and stored in a deep freezer (at 2 - 4 °C) until use.

Experimental Design

450 juvenile *H. longifilis* catfish used for this study were procured from the fish hatchery, University of Agriculture, Makurdi and transported to the Aquaculture Research Unit of the Veterinary Teaching and Research Farm, University of Abuja. The fishes were allowed to acclimatize to laboratory conditions for 21 days before the commencement of the experiment.

The fish culture experimental setup is as described [23]. Briefly, fifteen (15) 1000 L capacity tanks retrofitted with water inflow and out flow devices that were divided into five groups (each consisting of a triplicate set). The experimental fish were randomly allotted into different groups and fed any of diets A, B, C, D or diet E for 56 days. Using a hand held net, 5 fish were randomly sampled from each tank for immunological determinations at set time points day 7, 14, 28 and day 56. The sampled fish were weighed, length measured and then bled via caudal veni-puncture using a 23 G needle fitted on a 5 ml syringe. Aspirated blood was then emptied into 5 ml thin-bore glass test tubes.

Determination of Innate Immune Response

The innate immune response was evaluated by an assay of the lysozyme (mucus and serum lysozyme) activities; mucus alkaline phosphatase activity and the phagocytes respiratory burst activity.

Lysozyme activity

For the analysis of lysozyme concentrations, previously collected blood (without anticoagulants) were allowed to clot for 30 minutes and then centrifuged (3000 G for 5 minutes) after which clear serum was eluted using a 2 ml syringe. Before the lysozyme assays, collected serum were preheated in a water bath (at 56 °C for 30 minutes) to knock off the activity of complement system proteins and ensure the lysis of *Micrococcus lysodeikticus* occurred exclusively due to the action of serum lysozyme [24].

a) Serum Lysozyme Activity

Serum lysozyme activity (SLA) was estimated by the turbidimetric method as described by [25]. Briefly, using egg white lysozyme (1 mg lysozyme mL⁻¹) as standard, and a suspension of *M. lysodeikticus* (0.2 mg.mL⁻¹ 0.05 M sodium phosphate buffer, pH 6.2); Lysozyme working solution (1 ng. µL⁻¹) was obtained by diluting the stock solution a hundred folds with sodium phosphate buffer (NaH₂PO₄; 0.05 M; pH 6.2) and a calibration curve developed. To produce the calibration curve, varying volumes (150; 175; 200; 250 and 275 µL) of the working solution were placed in clean 2 mL glass tubes and sodium phosphate buffer were added to complete the contents of each tube to 300 µL; and to each of the sample test tubes were added 300 µL of the serum samples. All Tubes (both the samples and the standards) were incubated at 35 °C for 2 minutes after which 300 µL of *M. lysodeikticus* suspension (0.2 mg. mL⁻¹) was added to complete the volume of the contents of each tube to 600 µL. A blank sample was prepared by adding 600µL sodium phosphate buffer to a clean test tube. Difference between the initial and final turbidity (Optical Density [OD] reduction) was measured between 0.5 and 10 minutes at 450 µm. Results were expressed using the OD reduction for each sample and the linear regression equation of lysozyme calibration curves used to determine serum lysozyme levels (µg. ml⁻¹).

b) Mucus Lysozyme Levels

Epidermal mucus was collected non-lethally from individual fish following sub-lethal anaesthetization (placing fish in 5 mg.L⁻¹ clove oil till loss of righting reflex). The mucus collection was performed using the method of [26]. Briefly, individual fish was transferred into a poly-ethylene bag containing 10 ml 50 mM sodium chloride solution. The bags were gently shaken by hand for two minutes to initiate mucus exudation from the fish. The resulting fluids were collected from the bag and immediately centrifuged (1500 revolution per minutes for 10 minutes at 4 °C), the supernatants were eluted for lysozyme assay after preheating in a water bath at 56 °C for 30 minutes (as described for serum lysozyme).

Mucus Alkaline Phosphatase Activity

Mucus alkaline phosphatase activity was determined using the phenolphthalein monophosphate method [27] with Quimica clinica aplicada (QCA, Amposta Taragona Espana) alkaline phosphatase diagnostic kits following manufacturer's instructions. Briefly, deionized water (1 ml) was placed into clean and appropriately labelled test tubes and one drop of chromogenic substrate was added. These were mixed and incubated for 5 minutes at 37°C to activate the enzyme. After activation, 0.1 ml of serum sample was added, mixed and incubated for 20 minutes at 37 °C. After that, 5 mL of ALP colour developer was added. The ALP colour developer was prepared by mixing one vial of colour developer salt to 250 ml of deionized water. The standard was prepared alongside with the serum sample by adding 1 mL of deionized water into a clean test tube and a drop of chromogenic substrate to activate the enzyme. After activation, 0.1 ml of standard was added, properly mixed and incubated for 20 minutes. Following incubation, 5 ml of ALP colour developer solution was added. The absorbance of the standard was read against a deionized water blank at 540 nm using a spectrophotometer (Spectrum Lab750, Sweden). Alkaline phosphatase concentration was obtained using the formula

$$\frac{\text{Absorbance of sample} \times 30}{\text{Absorbance of standard}} = \text{I.U.L}^{-1} \text{ of alkaline phosphatase}$$

Phagocytes Respiratory Burst Activity

Phagocytes respiratory burst activity (PRBA) was determined in peripheral blood using the Nitro Blue Tetrazolium (NBT) assay following the methods of [28]. Briefly, the wells of a 'U'-bottomed microtiter plates were filled with 50 µL blood and incubated for 1 hour at 35 °C (for cells to adhere). The supernatant non adherent cells were removed after a three times washing of the wells with buffered phosphate saline (pH 7.4). 50 µL of 0.2 % NBT solution was then added and the plate incubated for another 1 hour. Cells in the wells were later fixed using absolute methanol (100% methanol) for 3 minutes, washed three times with 30 % methanol and air-dried. The optical density were read in an ELISA reader at 620 µm after 60 µL 2N potassium hydroxide and 70 µL dimethyl

sulphoxide were added to dissolve the formazan precipitate formed.

Determination of Growth Performance

The effects of dietary AFB₁ on growth performance was determined by the evaluation of the Specific Growth Rate (SGR), percentage gain in total body length and percentage gain in body weight in a 56 days feeding period. The specific growth rate was determined as described by [29] using the formulae $SGR = 100 \times [(InW_2 - InW_1)/t_2 - t_1]$. Where, W₂ is weight attained after period of feeding on diet; W₁ is weight at commencement of the feeding experiment; t₂-t₁ is the time period (in days) of feeding on the experimental diets. Total body length was determined by the use of a ruler. Percentage gain in total body length was determined mathematically using the formula

$$\frac{\text{Final length (cm)} - \text{initial length (cm)} \times 100}{\text{Initial length (cm)}}$$

Body weight was determined by the use of a sensitive Mettler scale (Mettler Toledo, Germany). The mean weight gain was determined by subtracting the weight at the start of the experiment from the weight at the end of the experiment.

The percentage gain in body weight was determined mathematically by the formula

$$\frac{\text{Final weight (g)} - \text{initial weight (g)} \times 100}{\text{Initial weight (g)}}$$

Water samples were collected at the beginning of the experiments and at every sampling time points for the determination of the water quality parameters as described by [30].

Statistical Evaluation

Data analysis was carried out using a one-way analysis of variance (ANOVA), after the data has been assessed for normality and homogeneity (using the Kolmogorov-Smirnow test) and if necessary, appropriately transformed. The Duncan multiple range test was performed to separate variant means. All statistical evaluations were performed at the significant level of 5 % using SPSS (IBM, Version 20) software. Data are presented as

mean \pm standard deviation of the mean of each culture tank (n = 30).

RESULTS

The AFB₁ content, nutrient composition and proximate analysis of the experimental diets are as presented in Table 1. It shows the concentrations of AFB₁ in the diets to be higher than the concentrations of the purified AFB₁ added to the various diets at the time of formulation. Hence, the concentration of the AFB₁ in the various diets would hereafter be appropriately quantified as follows, Diet A (2.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$); Diet B (7.3 $\mu\text{g AFB}_1 \text{ kg}^{-1}$); Diet C (17.6 $\mu\text{g AFB}_1 \text{ kg}^{-1}$); Diet D (48.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$) and Diet E (93.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$). Furthermore, there were no variations in the crude protein contents, metabolizable energy and the digestible energy levels of the produced diets (Table 1).

The results of the innate immune response of *H. longifilis* following dietary exposure to graded concentrations of AFB₁ are as depicted in Fig. 1, 2, 3, 4 and Figure 5.

Serum Lysozyme Activity

Figure (1) shows serum lysozyme activity (SLA) of *H. longifilis* juvenile catfish following dietary AFB₁. The SLA decreased with increasing concentrations of dietary AFB₁. At 7 days of feeding, the mean SLA of fish fed diet A was not significantly different ($p > 0.05$) compared with the mean SLA of fish fed diet B; it however, was significantly ($p < 0.05$) higher compared to the mean SLA of fish fed diets C, D and diet E.

At 14 days of feeding, one way analysis of variance (ANOVA) shows whereas the mean SLA of fish fed diet A was significantly ($p < 0.05$) higher compared to the SLA of fish fed diets amended with AFB₁, post hoc analysis reveals there were no variations in the mean SLA of fish fed diet D and fish fed diet E ($p > 0.05$).

At 28 days of feeding, one way ANOVA shows the mean SLA of fish fed diet A was not significantly different from the SLA of fish fed B ($p > 0.05$) but varied significantly from the

SLA of fish fed diets C, D and diet E ($p < 0.05$).

At 56 days of feeding, one way ANOVA shows there were no variations in the mean SLA of fish fed diet A and diet B ($p > 0.05$), at this same period of sampling, post hoc evaluation shows the mean SLA of fish fed diet C was not significantly different ($p > 0.05$) from the mean SLA of fish fed diet D but differed significantly ($p < 0.05$) from the mean SLA of fish fed diet E (Fig. 1).

Epidermal Mucus Lysozyme Activity

The epidermal mucus lysozyme activity (EMLA) of fish fed dietary AFB₁ are as depicted in Figure (2). It shows dietary exposure to varying concentrations of AFB₁ caused a reduction in the EMLA of *H. longifilis*. Fig. 2 also shows the EMLA of fish fed diet A was not significantly different from the EMLA of fish fed diet B at 7 days of feeding ($p > 0.05$), they were however significantly different from the mean EMLA of fish fed diets C, D and diets E ($p < 0.05$).

At 14 days of feeding, the mean EMLA of fish fed diet A differed significantly from the mean EMLA of fish fed diets amended with varying concentrations of AFB₁. Further, post hoc analysis reveals the mean EMLA of fish fed diets amended with AFB₁ differed significantly from one another ($p < 0.05$).

At day 28 and day 56 of feeding, one way analysis of variance (ANOVA) shows there was no variation between the mean EMLA of fish fed diet A and diet B ($p > 0.05$). Post hoc evaluation shows the mean EMLA of fish fed diet A varied significantly ($p < 0.05$) from the mean EMLA of fish fed diets C, D and diet E (Fig. 2).

Epidermal Mucus Alkaline Phosphatase Activity

The mucus ALP activity of fish fed diets amended with AFB₁ were significantly lower compared with those of fish fed the control diet (Fig. 3). Post hoc analysis further reveals there were no variations in the mucus ALP activity of fish fed diet B and diet C throughout the duration of the feeding experiment. Figure (3)

also show that in fish fed diet D and diet E, the mucus ALP activity varied significantly ($p < 0.05$) at Day 28 compared with Day 56 of feeding.

Phagocytes Respiratory Burst Activity

The phagocytes respiratory burst activity (PRBA) of juvenile *H. longifilis* catfish fed diets amended with AFB₁ are presented in Figure (4). At 7 days after commencement of the feeding, one way ANOVA shows the mean PRBA of fish fed diet A (the control diet) differed significantly ($p < 0.05$) from the mean PRBA of fish fed diets amended with varying concentrations of AFB₁; Post hoc analysis further reveals there is no variation between the mean PRBA of fish fed diet D and fish fed diet E ($p > 0.05$).

At day 14 post commencement of feeding, one way ANOVA shows there is no variation ($p > 0.05$) in the mean PRBA of fish fed diets A, D and diet E; Post hoc evaluation further shows whereas the mean PRBA of fish fed diet B was not significantly different from the mean PRBA of fish fed diet E ($p > 0.05$); and the mean PRBA of fish fed diet D and diet E do not vary significantly ($p > 0.05$), the mean PRBA of fish fed diet B varies significantly ($p < 0.05$) from the mean PRBA of fish fed diet D; and the mean PRBA of fish fed diet C also varies significantly from the mean PRBA of fish fed diet D.

At day 28, one way ANOVA shows the mean PRBA of fish fed diet A was not significantly different ($p > 0.05$) from the mean PRBA of fish fed diets B, D and diet E. Post hoc assessments further shows the mean PRBA of fish fed diets B, C and diet D varied significantly ($p < 0.05$) from one another.

Figure (4) also shows, that at day 56 of the feeding trial, the mean PRBA of fish fed diet A was significantly different from the mean PRBA of fish fed diets C, D and diet E ($p < 0.05$), post hoc test reveals the mean PRBA of fish fed diets C, D and E do not vary significantly ($p > 0.04$) from one another.

Growth Performance

The result obtained for the dietary exposure of aflatoxin B₁ on growth response of *H. longifilis* are presented in Table 2 and figure 5.

Dietary AFB₁ caused significant reductions in the growth performance indices of *H. longifilis*. These changes were marked by reductions in the percentage gain in body length, reductions in percentage gain in body weight and reductions in the specific growth rate (figure 5). Post hoc test reveals fish fed diets amended with varying concentrations of AFB₁ (i.e. fishes fed diets B, C, D and Diet E), exhibited varying response in the assayed growth parameters. Furthermore, dietary AFB₁ elicited a diminution of growth along the gradients of concentration of AFB₁ and duration of dietary exposure to AFB₁ with the mathematically determined intercept of the exponential loss in weight and exponential loss in length being at about 20% and occurring at a dietary concentration of AFB₁ $\geq 17.6 \mu\text{g. kg}^{-1}$ $\leq 48.0 \mu\text{g. kg}^{-1}$ (Fig. 5).

Table (2), shows the variation in the percentage gain in body length of fish fed Diet B and fish fed Diet C were not significantly different ($p > 0.05$); also, there were no significant variations in the percentage gain in body length of fish fed Diet D compared with those of fish fed Diet E. Also, the percentage gain in body length of fish fed Diet B and Diet C were significantly different from those of fishes fed Diet D and Diet E.

Analysis of the percentage mean weight gain of fishes fed diets amended with AFB₁ shows the variations in the mean weight gain of fish fed Diets B, C and Diet D not to be significantly different ($p > 0.05$). These however, varied significantly ($p < 0.05$) from the percentage mean weight gain of fish fed diet E (Tab. 2).

Table (2) further, shows there were no significant variations ($p > 0.05$) in the specific growth rate of fish fed the diets amended with AFB₁.

The results obtained for water quality assessments were within the recommended

ranges specified for catfish culture and are as depicted in table 3.

DISCUSSION

The results obtained for dietary concentrations of AFB₁ after the feed composition/production shows that AFB₁ contents of the various formulated diets were higher than the amounts of the purified AFB₁ added at the time of the diets production; these differences reflects the level of contamination of the feed ingredients as previously reported [23].

The water quality parameters were within the ranges specified for catfish culture and may thus not have contributed to the results obtained in the study [30].

No mortalities were observed in this study, contrary to the findings in juvenile hybrid sturgeon (*Acipenser ruthenus* and *A. baeri*) exposed to dietary AFB₁ [31]. The reason for this may be that the concentrations of AFB₁ used for this study was not lethal to juvenile *H. longifilis* catfish and or that Sturgeons may be more sensitive to AFB₁ compared to *H. longifilis* [32].

Serum lysozyme activity has been suggested as a veritable indicator of innate immune response in teleost [33]. According to [34], serum lysozyme cleaves the β -1,4-glycosidic linkages between the N-acetyl muramic acid and N-acetyl glucosamine in the cell walls of Gram-positive bacteria thus preventing the invasion of Gram-positive bacteria. In addition, lysozyme is known to be opsonic in nature as they have the capacity to activate the complement system as well as phagocytes in teleost, hence aiding in the extenuation of the pathogenicity of some Gram negative bacterial pathogens.

Lysozyme is an enzyme that has been reported to be widely distributed throughout the body in fish and most animal species. It has been detected in serum, mucus, mucus membranes and in tissues rich in leukocytes. Lysozyme is reported to be mainly produced by monocytes/macrophages the neutrophils and in granules of eosinophilic granular cells of the

intestine [35]. In the present study, samples used for the assessments of lysozyme (i.e. serum and mucus samples) were preheated to 56 °C (for 30 minutes), hence the results obtained reflects only the lysozyme activities as the effects of complements and other bioactive moieties would have been inactivated by the heating process [36] [37] [38].

Dietary AFB₁ at an inclusion concentration greater than 17.60 $\mu\text{g. kg}^{-1}$ AFB₁ induced a depression of the lysozyme (serum and epidermal mucus lysozymes) activities that were dependent both on the dietary concentration of AFB₁ and on the duration of feeding. AFB₁ is known to be hepatotoxic, and this effect in fish generates a reduction in the serum total protein concentration resulting from the inhibition of protein synthesis following the binding of AFB₁ adducts to cellular macromolecules [39] [40].

From the results of the present study, it appears the lysozyme response in *H. Longifilis* may be induced very rapidly and may not be unrelated to other alarm situations such as stress imposed on the fish by the dietary AFB₁. Thus lysozyme concentrations in *H. longifilis* may be in the overall, an alarm response acting as an acute-phase protein as previously noted [41]. Similar observations have been reported albeit in other animal species [42] [43]. Other probable mechanisms of these effects have been previously enunciated, wherein AFB₁ initiates haematopoietic toxicities (in both the proximal kidney and in the spleen) that elicits lymphocytolysis and a reduction in the immunoglobulin production [15] [16].

Alkaline phosphatase is a lysosomal enzyme reported to play a protective role in the fish during the early stages of wound healing [44]. The presence of alkaline phosphatase in the bodily fluids of fish and their roles in the non-specific defence mechanism of these organisms have also been described [25].

In the present study, the ALP activity of fish fed diets amended with AFB₁ decreased throughout the duration of the feeding experiment. In

regards to the dietary concentration of AFB₁. The ALP activity of fish fed diet B was not significantly different from the ALP activity of fish fed diet C indicating, feed containing 7.3 μg AFB₁ kg⁻¹ elicited a similar ALP activity as feed containing 17.6 μg AFB₁ kg⁻¹ in juvenile *H. longifilis*; further, there were no variations in the ALP activity of fish fed diets amended with 48.0 μg AFB₁ kg⁻¹ and 93.0 μg AFB₁ kg⁻¹ at days 28 and 56 of the feeding experiment, suggesting the threshold for dietary AFB₁. Alkaline phosphatase activity in *H. longifilis* may be 17.6 μg AFB₁ kg⁻¹.

Phagocytosis is one of the most important innate immune processes in poikilothermic animals, as it is the least influenced by the ambient temperature [45] [46]. The phagocytes (neutrophils and macrophages) eliminates phagocytised bacteria mainly by the production of reactive oxygen species during a so called 'respiratory burst activity' [47] [48].

The phagocytes respiratory burst activity is the rapid release of reactive oxygen species (superoxide anion and hydrogen peroxide) from immunocompetent cells to degrade internalized foreign particles (majorly bacteria). In these reactions, the immunocompetent cells utilize nicotinamide adenine dinucleotide phosphate to reduce O²⁻ to an oxygen free radical and later hydrogen peroxide [45].

This study shows in juvenile *H. longifilis* catfish fed diets amended with AFB₁, the phagocytes respiratory burst activity responded in a nonspecific way. For example, whereas there were no variations in the phagocytes respiratory burst activity of fish fed diet amended with 7.3 μg AFB₁ kg⁻¹ compared with those of fish fed the control diet (2.0 μg AFB₁ kg⁻¹), there were significant increases in the phagocytes respiratory burst activity of fish fed diets amended with AFB₁ at inclusion concentrations greater than or equal to 17.6 μg AFB₁ kg⁻¹ at days 7, 14 and day 28 of the feeding experiment. This was then followed by a progressive reduction in the phagocytes respiratory burst activity (that culminated in fish fed diets amended with AFB₁ greater than

or equal to 17.6 μg AFB₁ kg⁻¹ having a phagocytes respiratory burst activity being lower than those of fish fed the control diet [2.0 μg AFB₁ kg⁻¹] at 56 days post commencement of the feeding trial).

This trend appear to imply, dietary AFB₁ at an inclusion rate greater than or equal to 17.6 μg AFB₁ kg⁻¹ diets elevated the phagocyte respiratory burst activity in the first 28 days of exposure and subsequently caused a reduction in the phagocytes respiratory burst thereafter. The phagocytes respiratory burst activity is an energy dependent process, and the reduction in this parameter at day 56 seems to suggest exhaustion or a reduction of the biosynthesis of the essential protein molecules required for the process [32].

Also, dietary AFB₁ elicited a progressive leukocytopenia that was dependent on the dietary concentration of AFB₁ and on the duration of feeding. Dietary AFB₁ has been reported to elicit a depression of the peripheral leucocytes counts in a number of animal species [49] [13] [15].

Dietary exposure to AFB₁ elicited significant reductions in the percentage gain in body length, percentage gain in body weight and a reduction in the specific growth rate of juvenile *H. longifilis* catfish similar to the observations in Channel catfish (*Ictalurus punctatus*) [42], Nile tilapia (*Oreochromis niloticus*) [49] [50] and in Shrimps (*Peanusmonodons*) [51].

Whereas, the variations in the percentage gain in length and percentage gain in weight were not significant in fish fed diets amended with 7.3 μg AFB₁ kg⁻¹ and 17.6 μg AFB₁ kg⁻¹, fish fed diets amended with 48.0 μg AFB₁ kg⁻¹ and 93.0 μg AFB₁ kg⁻¹ varied significantly only in terms of percentage gain in weight.

Concerning the dietary concentration of AFB₁, fish fed diet containing 17.6 μg AFB₁ kg⁻¹ exhibited the best growth performance indices relative to fish fed the control diet. Hence, 17.6 μg AFB₁ kg⁻¹ diet may be the highest tolerable limits for AFB₁ in juvenile *Heterobranchus longifilis* catfish.

In summary, the results of the present study reveals the outcome of protracted dietary exposures to AFB₁ (even at minute concentrations of 17.6µg AFB₁ kg⁻¹ diet in *Heterobranchus longifilis* catfish) is the suppression of the innate immune response marked by a reduction of the activity of lysozymes, reduction in the activity of mucus alkaline phosphates, and a reduction in the phagocytes respiratory burst activity. These changes are also accompanied by significant reductions in the growth performance indices of this important aquaculture fish species.

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Author Contribution:

Conceptualization, A.B.T and E.G.N; Methodology, A.B.T., T.B, E.G.N., Formal analysis, E.A., Writing (Original draft), A.B.T, and E.A., Reviews and Editing, E.G.N and E.A

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Table 1. Ingredients, Proximate Composition and AFB₁ contents of Diets Amended With Aflatoxin B1

Ingredients	Aflatoxin B1 amended diets				
	A	B	C	D	E
[#] Fish meal (%)	19.00	19.00	19.00	19.00	19.00
Soybean cake (%)	37.00	37.00	37.00	37.00	37.00
Maize (%)	32.25	32.23	32.23	32.25	32.25
Palm oil (%)	1.00	1.00	1.00	1.00	1.00
Fish oil (%)	6.00	6.00	6.00	6.00	6.00
Vit/min Premix (%)	0.50	0.50	0.50	0.50	0.50
Bone meal (%)	1.00	1.00	1.00	1.00	1.00
NaCl (%)	0.23	0.25	0.25	0.25	0.25
AFB ₁	2.0	7.3	17.6	48.0	93.0
^{\$} Starch Binder (%)	2.00	2.00	2.00	2.00	2.00
Crude Protein (%)	40.01	40.00	40.04	40.01	40.02
Gross Energy (kj/g)	19.77	20.00	20.01	19.86	20.00
Digestible Energy (kj/g)	12.00	12.01	11.98	12.01	12.10
TotalLipids (%)	9.00	9.00	9.00	9.00	9.00
Moisture (%)	2.30	2.30	2.30	2.30	2.30
Ash (%)	9.72	9.70	9.7	9.69	9.58

A = 2.0 µg AFB₁kg⁻¹; B = 7.3 µg AFB₁kg⁻¹; C = 17.6 µg AFB₁kg⁻¹; D = 48.0 µg AFB₁kg⁻¹; E = 93.0 µg AFB₁kg⁻¹; # Fish meal of 72 % crude protein; \$ cassava starch binder

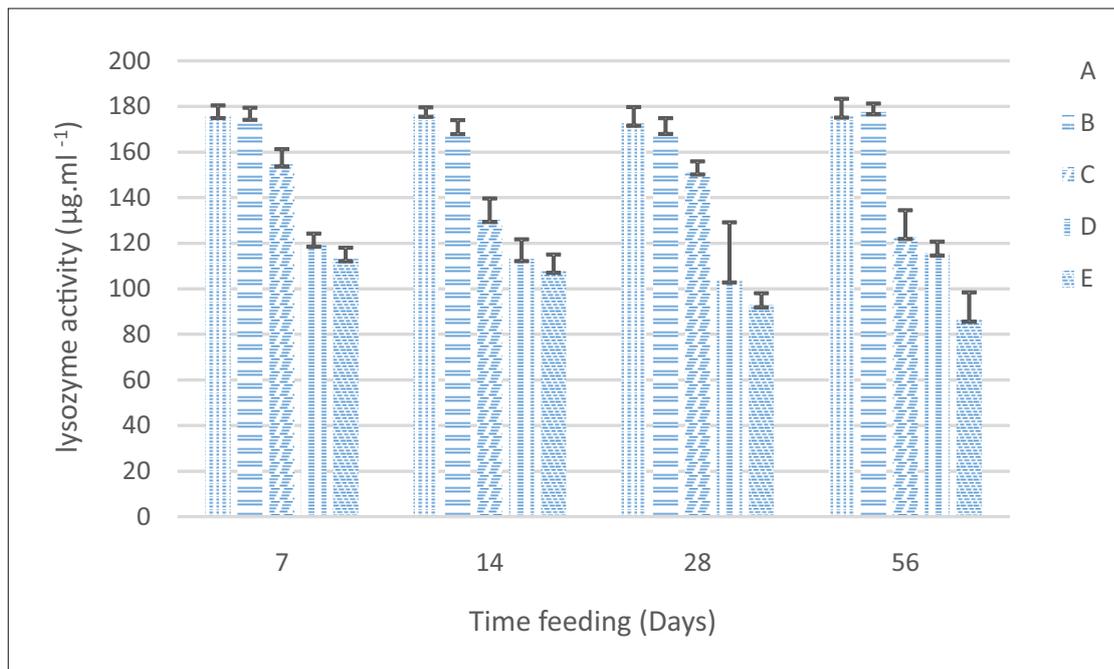
Table 2: Growth performance of *Heterobranchus longifilis* fed varied levels of AFB₁ for 56 days

Parameter	A	B	C	D	E
Initial total length (cm)	28.07 ± 0.11 ^a	27.99 ± 0.61 ^a	28.01 ± 0.03 ^a	28.05 ± 0.30 ^a	28.03 ± 0.07 ^a
Final total length (cm)	45.11 ± 0.09 ^a	35.30 ± 0.10 ^b	34.90 ± 0.17 ^b	32.80 ± 0.17 ^b	32.84 ± 0.11 ^b
Gain in length (%)	60.71 ± 0.17 ^a	26.12 ± 0.40 ^b	24.60 ± 0.16 ^b	16.93 ± 0.01 ^c	17.16 ± 0.37 ^c
Initial weight (g)	146.3 ± 0.33 ^a	147.0 ± 1.09 ^a	148.0 ± 1.07 ^a	146.2 ± 1.32 ^a	147.0 ± 1.81 ^a
Final weight (g)	185.5 ± 1.14 ^a	169.9 ± 0.67 ^b	169.9 ± 0.63 ^b	168.3 ± 1.39 ^b	163.9 ± 1.17 ^c
Gain in weight (%)	39.15 ± 1.01 ^a	22.18 ± 0.89 ^b	21.84 ± 0.67 ^b	22.12 ± 0.41 ^b	16.96 ± 0.66 ^c
specific growth rate (SGR)	0.42 ± 0.01 ^a	0.25 ± 0.12 ^b	0.25 ± 0.05 ^b	0.25 ± 0.03 ^b	0.20 ± 0.03 ^b

Rows with different superscripts are different. A=diet 2.0 µg AFB₁ kg⁻¹; B= diet 7.3 µg AFB₁ kg⁻¹; C= diet 17.6 µg AFB₁ kg⁻¹; D= diet 48.0 µg AFB₁ kg⁻¹; E= diet 93.0 µg AFB₁ kg⁻¹.

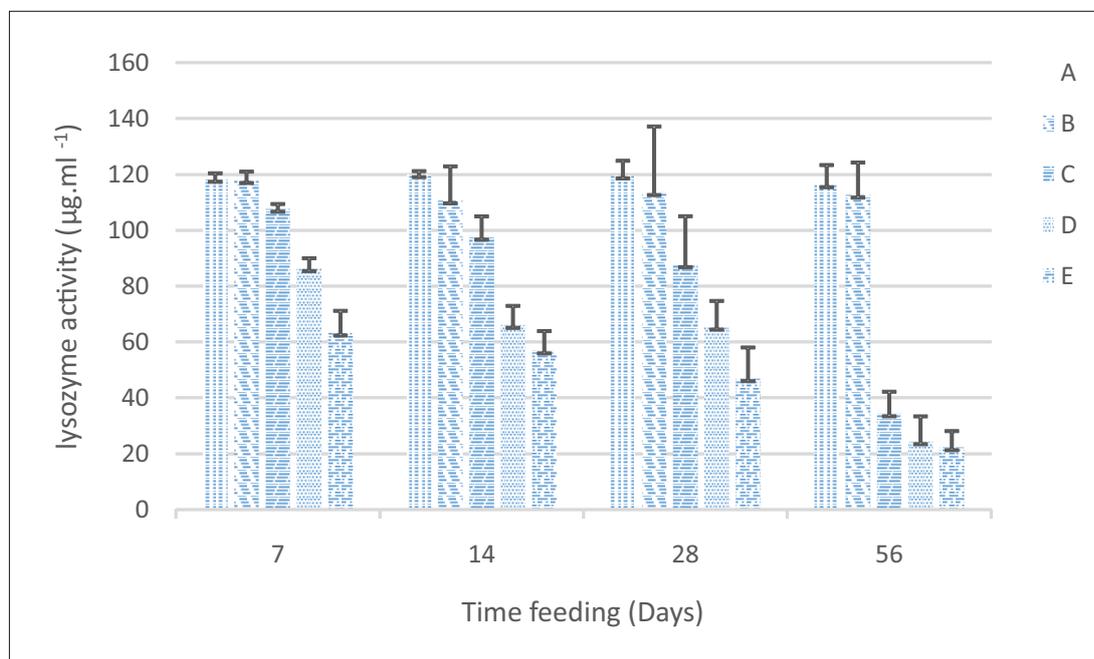
Table 3 Water quality parameters of *Heterobranchus longifilis* culture tanks following a 56 days feeding trial with graded concentration of AFB₁

Parameter	Values obtained
<i>Dissolved oxygen (mgL⁻¹)</i>	6.34 ± 1.07
<i>Total alkalinity (mgL⁻¹ CaCO₃)</i>	49.58 ± 7.62
<i>Nitrate-N (µg L⁻¹)</i>	403.5 ± 17.49
<i>Nitrite-N (µg L⁻¹)</i>	39.76 ± 19.18
<i>Ammonia- Nitrogen (µg L⁻¹)</i>	163.5 ± 79.03
<i>pH</i>	7.24 ± 0.52



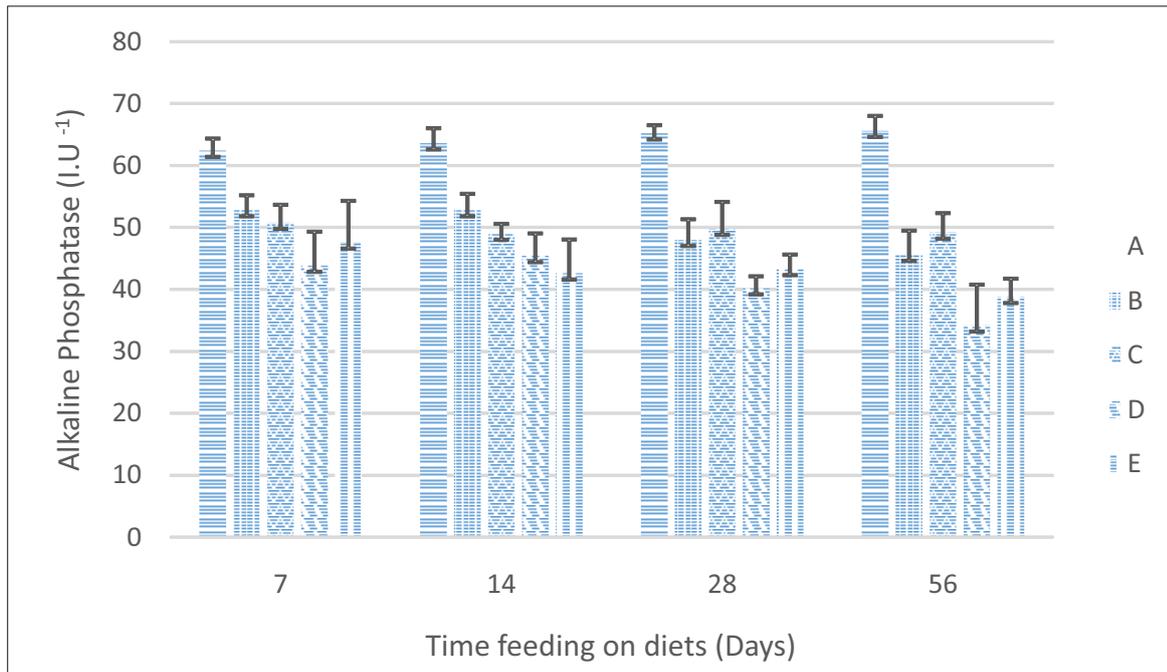
A=diet 2.0 µg AFB₁ kg⁻¹; B= diet 7.3 µg AFB₁ kg⁻¹; C= diet 17.6 µg AFB₁ kg⁻¹; D= diet 48.0 µg AFB₁ kg⁻¹; E= diet 93.0 µg AFB₁ kg⁻¹.

Figure 1. Serum lysozyme activity of juvenile *Heterobranchus longifilis* catfish fed diets amended with aflatoxin B1.



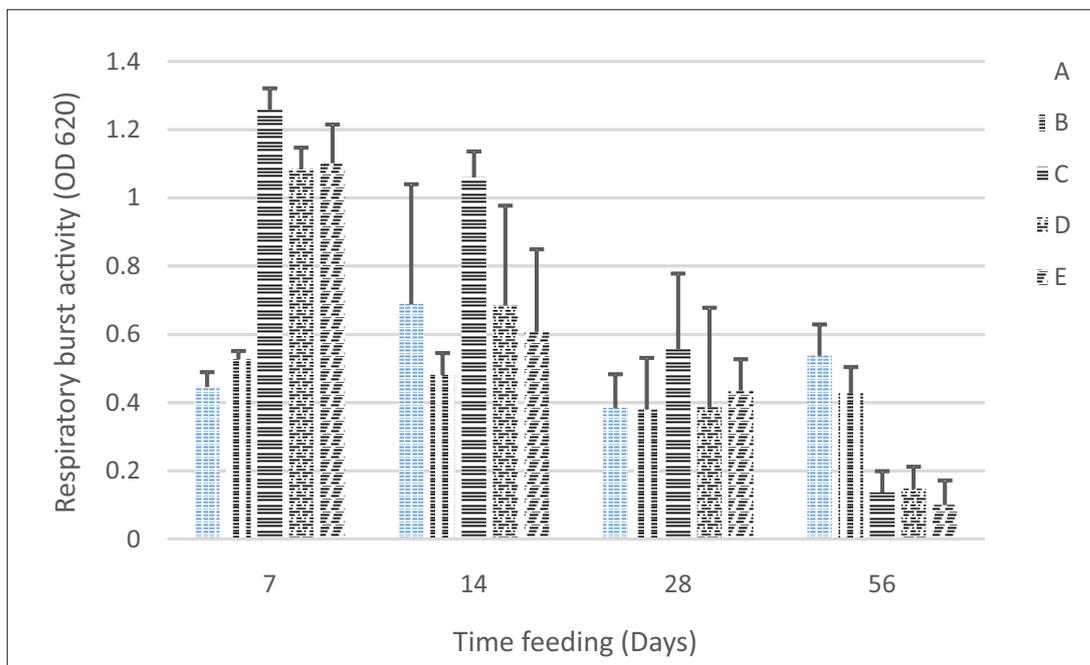
A=diet 2.0 µg AFB₁ kg⁻¹; B= diet 7.3 µg AFB₁ kg⁻¹; C= diet 17.6 µg AFB₁ kg⁻¹; D= diet 48.0 µg AFB₁ kg⁻¹; E= diet 93.0 µg AFB₁ kg⁻¹.

Figure 2. Epidermal mucus lysozyme activity of juvenile *Heterobranchus longifilis* catfish fed diets amended with aflatoxin B1.



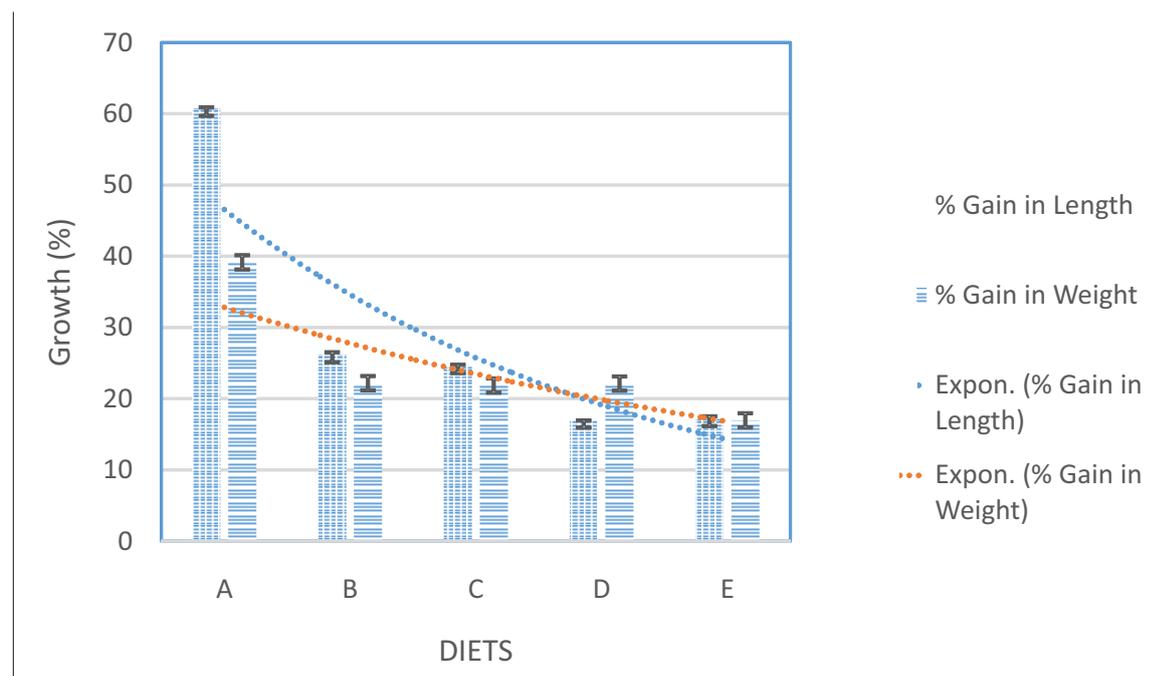
A=diet 2.0 µg AFB₁ kg⁻¹; B= diet 7.3 µg AFB₁ kg⁻¹; C= diet 17.6 µg AFB₁ kg⁻¹; D= diet 48.0 µg AFB₁ kg⁻¹; E= diet 93.0 µg AFB₁ kg⁻¹.

Figure 3. Epidermal mucus alkaline phosphatase activity of juvenile *Heterobranchus longifilis* catfish fed diets amended with aflatoxin B1.



A=diet 2.0 µg AFB₁ kg⁻¹; B= diet 7.3 µg AFB₁ kg⁻¹; C= diet 17.6 µg AFB₁ kg⁻¹; D= diet 48.0 µg AFB₁ kg⁻¹; E= diet 93.0 µg AFB₁ kg⁻¹.

Figure 4. Phagocytes respiratory burst activity of juvenile *Heterobranchus longifilis* catfish fed diets amended with aflatoxin B1.



A=diet 2.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$; B= diet 7.3 $\mu\text{g AFB}_1 \text{ kg}^{-1}$; C= diet 17.6 $\mu\text{g AFB}_1 \text{ kg}^{-1}$; D= diet 48.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$; E= diet 93.0 $\mu\text{g AFB}_1 \text{ kg}^{-1}$.

Fig. 5 Length-weight relationship of juvenile *Heterobranchus longifilis* catfish fed diets amended with aflatoxin B1.